October 4, 2024

Wildcat Families,

We had to wait a week, but the Walkathon is finally here! While everyone is excited to get outside and stretch their legs, we're especially excited for a day of fun, camaraderie, and the feeling of being part of something bigger. We are always impressed with the creativity and eagerness for how students choose to raise money for their school. We have heard wonderful stories about cleaning services, jewelry stands and of course the bedrock of childhood entrepreneurship - a lemonade stand. Thank you for allowing your Wildcats the space and opportunities to learn from these experiences. As always, we're also extremely grateful for your continued financial support of the PTO. The level of programming and experiences we're able to provide is owed entirely to you and your commitment to Wilson. Thank you!

Next week is shaping up to be another fun and busy week at Wilson. Sunday evening the PTO is excited to host our Wilson community for Fall Fest (more details below). Monday night is our monthly PTO meeting (6:00-7:00 in the Wilson iLab). Thursday night is the first night of parent-teacher conferences (information on registration is below). The busy week leads us into a long weekend as students will be off school Friday (teacher professional development) and Monday (Fall Break).

Hopefully we'll see many of you along Montchateau today cheering on our Wildcats as they walk!

Take care, Erin and Brian

### **Building Information**

# 🍁 Fall Fest 2024 🍁

We hope you can join us at Wilson on Sunday, October 6 from 5:00pm to 7:00pm for our annual Fall Fest! A shuttle bus will be available at Clough United Methodist Church (2010 Wolfangel) to help with the limited parking on campus. Please see the link for more information! LINK

#### **Fall Fest Volunteers**

Fall Fest is Sunday, October 6 from 5:00pm to 7:00pm and relies on our Wilson volunteers to make the event a success! Thank you for considering helping out with Fall Fest.

Volunteer Sign Up Link

#### Communication

As the year progresses, we want to take a moment to remind all of our families of the importance of two-way communication. While we always try to convey important information promptly, we know that there are sometimes still outstanding questions. If you have a question or concern, and the classroom teacher is unable to help (or if there is a building-wide concern), please reach out to us directly. We are always willing to receive feedback and listen to your concerns. We appreciate your partnership in making Wilson the amazing school it is.

### Wilson Fourth Grade Chorus

We are thrilled to announce the opportunity for your students to join the 4th Grade Choir! Rehearsals will take place **before school on Thursdays from 8:30 to 9:10 AM, starting on October 10th**. This is a fantastic chance for students to explore their musical talents, develop their singing skills, and have fun with their peers.

The 4th Grade choir will prepare for two performances: one in December and another in March. These concerts are a wonderful way for the students to showcase their hard work and creativity. Best of all, there is no cost to participate! We would love to have your child be a part of this enriching musical experience.

If you're interested, <u>please sign your student up</u> by Wednesday, October 9th. Should you have any questions, feel free to reach out to Mr. Orr (<u>caleborr@foresthills.edu</u>).

We look forward to making music together!

### ALICE Drill Information

On Monday, October 7, we will conduct a state required ALICE (Alert, Lockdown, Inform, Counter, Evacuate) drill. It is important we prepare our students and staff with proactive strategies to use in the event of an emergency. Just as we practice for fires and severe weather, we will practice and walk through what to do if ever there is an unsafe person on campus. All students will practice exiting the building and will walk around the perimeter of the school grounds with their teacher to familiarize themselves with their surroundings.

During this time, teachers and students will discuss options they have if ever faced with a situation in which we have to leave the building. Students will not be running to locations, but simply having conversations as they walk the school grounds. Students will be given the opportunity to think creatively and strategically based on grade-level appropriate conversations that take place. Our goal is to empower our students to make decisions. A book that can be helpful when discussing ALICE with your child is called <u>K-5 Read</u> <u>Aloud: I'm Not Scared, I'm Prepared</u>. This book is geared toward K-5 students. This powerpoint <u>ALICE 6th Grade</u> can be used to review safety information that is more geared to 6th grade students.

#### Wilson PTO Meeting

Our Wilson PTO meeting is Monday, October 7 at 6:00 pm in the Wilson iLab. We hope you can join us!

#### Volunteers/Donations for Parent-Teacher Conferences

Please help feed our wonderful staff on October 10th for an amazing parent-teacher conference night. <u>Sign Up</u> In addition to the dinner, the PTO would like to cover lunch and recess duties for the teachers as they prepare for a long day of teaching then conferences. Please consider volunteering. <u>Sign Up</u>

### Information for 6th Grade Families

ALL students must have the following completed to attend ANY 6th grade event this year including skate party or Olympic Day.

- Emergency Medical Form
- 6th Grade Permission Slip
- 6th Grade Activity Fee

<u>CLICK HERE (https://www.wilson-pto.org/open\_forms</u>) to complete any or all of the above. If it's not there, you have completed it.

We need ALL forms completed by October 15.

# ALL in Food Drive

Wilson and All FHSD Schools are collecting items to help stock the shelves of <u>Interparish Ministries</u> which is a local organization that supports families in need. A 6th grade leadership team is coordinating the All in Food Drive, they will be in the front hall each morning Tuesday, Oct. 15-Friday Oct 18th to collect the following items:

- Toilet Paper
- Shampoo and conditioner
- Body Wash
- Deodorant
- Canned ham, chicken, tuna and beef stew
- Canned Peas or Carrots
- Canned mandarin oranges and pineapple

• Canned pasta (Raviloit, Spaghetti-Os with meat Together we can make a big difference!

### Counselor's Corner: Jean Bode, jeanbode@foresthills.edu

During our Becoming a Good Friend wellness lessons this past month, students learned essential skills for healthy friendships. <u>Read more</u> <u>here</u> about the skills taught and what families can do to support the lessons.

### Resource to share:

- <u>The Screenages Podcast-</u>How to Delay Social Media and Smartphone Use with Wait til 8th
- <u>Screening of Screenagers-Elementary Edition Waldorf</u>
  <u>School Sunday Oct. 6th</u>

# Mindful Music Moments:

"Wonder" is the Mindful Music Moments' theme for October, which is a special music commission for all MMM schools. **The Wonder Commission** is a new music commission of The Well, composed by Dr. Brian Raphael Nabors and performed by the Antigone Music Collective. Inspiration for the new music emerges from Nabors' conversation with writer, physicist, and professor at MIT, Alan Lightman. The music also integrates the voices of youth from **UpSpring**'s Summer 360 camp for unhoused youth and their questions about science, wonder, and hope.

The new music will premiere in over 300 schools listening to <u>Mindful</u> <u>Music Moments</u> (pw is mindfulwilson) and online on October 7, 2024. <u>Please check this out for more details</u> about this exciting experience for our kids.

Just ask! Please reach out to me if I can do anything for your family.

#### **Kindergarten Tuition**

Kindergarten tuition for All Day Kindergarten is due the first day of each month. It is helpful to add this to your calendar so you are able to get your payment in on time. We appreciate it!

#### **Parent-Teacher Conferences**

Fall conferences are scheduled for the evening of October 10 and throughout the day on November 4. Registration for conferences is now open. To sign up for a conference, please visit <u>www.myconferencetime.com/wilson</u>.

### Picture Retakes and 6th Grade "W" Picture

Picture retakes are scheduled for October 21. Our 6th Grade "W" picture will be on October 21 as well. The "W" picture will be taken at 9:30 am.

### Innovation Lab (iLab) Volunteer Opportunities

We do STEM related Lessons and Check Out Books, too. Please use this link to reserve your spot! <u>iLab Sign Up Genius Link</u>

### Ski Club

Snow flakes may be far from our minds but Ski Club passes are now available! Ski Club is a program run by Perfect North Slopes that offers discounted ski passes and a dedicated day for Wildcat's and their families to ski together. Starting in January, we encourage Wildcats and their families to hit the slopes together and ski on <u>Wednesdays</u>! If Wednesday doesn't work for your Wildcat/family you can still buy a pass and ski a different day.

Sign up now to receive a 30% discount off passes. After November 3rd the discount drops to 20%. The first day at Perfect North for the Wilson Ski Club is Wednesday, January 8th.

- 1. Fill out the ski club google form <u>HERE</u>
- 2. Purchase your ski club pass by November 3rd <u>HERE</u>.

Login = wilson. Password = catwalk.

- 3. Fill out the PTO Medical Emergency Form <u>HERE</u> -If you already filled out the medical form it will not be available.
- 4. Ski Club Gear is now available <u>HERE</u>

Ordering by November 5th entitles you to a 30% discount off any pass.

Choose one that suits your Wildcat(s) best. If you need rentals make sure to add rentals. The exclusive 4-visit club pass with rentals is \$199. Without rentals it's \$139. PASS IS AVAILABLE FOR FRIENDS AND FAMILY!

\*\*\* Please note the PTO is no longer providing busing for 4th-6th Graders and we encourage you to carpool with other classmates.

Questions? email the PTO – wearewilsonpto@gmail.com

Wilson Lunch Menus for October

Please see the lunch menu below for October. Our cafeteria staff work super hard each and everyday and we appreciate all they do for our Wildcats! <u>OCTOBER LUNCH MENU</u>

### Wilson Lunchroom Volunteers

We LOVE having volunteers help out in our cafeteria. It is our expectation that you remain in the designated area for which you are volunteering. For example, if you are volunteering in the cafeteria, please do not walk to your child's classroom or peek into a unified arts class to see what your child is doing. We appreciate your help with this.

Below is the lunchroom volunteer sign-up link for August and September.

Lunchroom Volunteers Sign Up Link: October

#### **Restaurant Nights**

Join us for dinner and support of the Wilson PTO. Don't forget to mention WILSON!

Tuesday, Oct. 8: NVT Pizza & Brew (4-8pm) Thursday, Oct. 17: Raising Cane's (2-9pm) Monday, Oct. 28: Kitchen 1883 (all day!)

#### Before / After-School Enrichment Programs

Click on each flyer for more information on dates, cost, and registration.

<u>Cool Critters</u>: Learn about and pet all kinds of animals! BEGINS SOON! <u>Jewelry Making</u>: Learn how to make jewelry! Supplies provided. <u>Sewing</u>: Learn the basics of sewing! Supplies provided. <u>Pickleball/Tennis</u>: A second chance to learn the basics of both racquet games!

#### **District Information**

#### Elementary SPARK Night | November 13

Mark your calendars so you don't miss out on SPARK Night! This is a special evening where our best and brightest high school science students host an interactive, captivating event designed to SPARK the interest of younger learners in STEM and related areas. We also hope it will encourage students to participate in our annual Science Fair and Innovation Expo that will be held on January 25, 2025. **Watch a <u>fun video here</u> to learn more, or check out our <u>event flyer</u> for more details! SPARK Night will take place from 6:30-8 p.m. at Anderson HS on Wednesday, November 13. See you there!** 

#### Anderson HS Earns Prestigious STEM Recognition

Congratulations to the Anderson High School science department for earning the Governor's Thomas Edison Award for Excellence in STEM Education and Student Research! This is a testament to their passion for teaching and the inspiration they give students each and every day! Notably, AHS is the only high school in greater Cincinnati and one of only 53 schools statewide that earned this recognition for the 2023-2024 school year! Learn more about the award here.

# DON'T MISS OUT: FHSD Parent Academy Returns October 22

Join us at Nagel Middle School on Tuesday, October 22 from 6:30-8 p.m. for a fun-filled, educational evening. Expert speakers will cover a variety of topics like gifted education, suicide prevention, drug prevention and safety, and more! Our featured speaker for this event is:

• Beech Acres Parenting Center presents "Talking to your kids about...Puberty/Human Development/Sex Ed," with practical tips, age-appropriate language and strategies to foster open and honest communication with your children about their changing bodies.

Thanks to generous support from the Forest Hills Foundation for Education, we are once again able to offer light food and childcare for families interested in attending.

- FHSD Parent Academy Article
- Full Schedule/Topics October 22
- <u>Registration Form October 22</u>

# Forest Hills Foundation for Education

The Foundation Prize Patrol has been busy visiting all nine schools awarding more than \$112,000 in Teacher Grants. We are so grateful to parents, alumni and local businesses for supporting our mission of providing enriching opportunities for all Forest Hills students. Find and follow the Forest Hills Foundation for Education on social media to see the moments of surprise as we showed up with giant checks and balloons. The students and teachers were equally delighted! Our current fundraising campaign is Full STEAM Ahead, funding STEAM initiatives across the district. Donate today!

### **Elementary Hearing and Visions Screenings Notice**

FHSD is partnering with Xavier University to administer vision and hearing screenings for all students in preschool, kindergarten, first, third, and fifth grades this fall. Wilson Elementary will have vision/hearing screenings on October 22nd. These screenings are required by law. For more information about the screenings, including how to opt a student out, please <u>click here</u>.

# **EMERGENCY AND SUPPORT RESOURCES**

- If you, your student, or anyone else you know is in a life-threatening health crisis or emergency, call 911.
- If you, your student, or anyone else you know is in emotional distress or experiencing a suicidal crisis, call or text 988, available 24/7.
- If you have concerns about threats to student safety, we urge you to call or text the Safer Ohio School Tip Line at 844-SaferOH. This line is staffed 24/7.
- If you are seeking additional resources, we encourage you to start at the links below:
  - <u>MindPeace</u>
  - FHSD Family Resource List 22-23

# **Upcoming Events**

# K-4 Unified Arts Friday Rotation

Friday, October 18 will be a "Monday."

# Oct. 6

• Fall Fest 5:00-7:00

# Oct. 7

- ALICE Drill
- PTO Meeting 6:00 to 7:00 pm in the Wilson iLab

# Oct. 8

# Oct. 9

# Oct. 10

• Parent/Teacher Conferences 4:00 to 8:00 pm

# Oct.11

• No School for Students (Teacher PD)

# Oct. 14

• No School for Students or Staff (Fall Break)