

Parent Newsletter

Oct. 4 2024

It's hard to believe we're already nearing the end of the first quarter! With the quarter ending on October 18th, now is a perfect time to check in with your student about how they're doing in their classes. With just two weeks left, remind them to focus on improving their grades if needed. Don't forget, students have access to support throughout the day, like office hours, FLEX, and Study Hall—great opportunities to catch up on assignments, ask questions, and get extra help before the quarter ends.

A big thank you to all the parents and guardians who came out for parent-teacher conferences! We really appreciate you taking the time to connect with us and support your student's education. It was great to see so many of you, and your involvement truly makes a difference. If you have any further questions or need anything, feel free to reach out. Thanks again, and we're excited for a strong finish to the quarter!

New Study Skills / Stress Management group opportunity!

Does your child struggle to stay organized, study for tests, or with test anxiety? We're excited to announce an upcoming 8-week small group workshop aimed at empowering your child with essential life skills! This engaging program will cover vital topics, including study skills & organization, strategies to help your child effectively manage their time and responsibilities, stress management & test anxiety, techniques to cope with pressure and perform at their best, and building social skills such as conflict resolution and boosting self-confidence. The group will be led by two doctoral students from the University of Cincinnati School Psychology program, under the supervision of Turpin's School Psychologist, Dr. Carrie Urshel. Sessions will take place weekly during FLEX time. This supportive environment will encourage personal growth and foster connections among participants. Spaces are limited, so we encourage you to reserve your spot today! For more information, please reach out to Margaret Wazevich at wazevime@mail.uc.edu or Dr. Carrie Urshel at carrieurshel@foresthills.edu. You may register your child for this 8-week group workshop [here](#).

Senior Parent Future Planning Meeting:

Counselors hosted a Senior parent meeting during conferences Oct. 3rd covering topics including graduation requirements, honors diploma, career options, the college application process, sending transcripts & rec letters etc. [If you missed it, you can view this presentation here.](#)

Clubs and Meeting Times:

Turpin has so many ways for our students to get involved! Check out [THIS LIST](#) to see what clubs are offered at THS and when those clubs meet. *More information about all clubs linked in the document in the bottom right corner.

Ski Club:

Are you interested in the Ski Club? Check out the [link](#) for more information.

FLEX Request:

We are seeking donations of gently used board games, puzzles, and card games for Flex Bells. If you have any to contribute, please send them in with your student or drop them off at the front office!

Ohio State Testing for Fall:

The fall Ohio State Testing window will run from Monday, December 9th - Friday, December 13th. Students who might be missing an Ohio State Test, students who might need to retake the required Algebra I or English Language Arts II, any student taking a CCP course for a tested area, and students currently sitting in government will test during this window.

If your student needs to test, you will be receiving an email from Dr. Warren over the next few weeks with the required test, testing date, and more information to help prepare for the assessment. If you have any questions, feel free to contact her @ ashleywarren@foresthills.edu.

PSAT 2024 (Juniors Only)

On October 22nd, 2024 Turpin High School will be administering the PSAT to any 11th grade student that would like to take this exam. The PSAT helps 11th grade students to prepare for the SAT and provides entry into the National Merit Scholarship Competition. Students in the 11th grade are not required to take the exam; however, if you would like for your student to take the PSAT you can [register HERE](#) or provide a check Kim Shriver in the Academic Office. All checks will need to be made to Forest Hills Local School District for \$18. The deadline for registration is this Monday, September 30th, 2024. Any family that has a financial hardship may contact nathandumford@foresthills.edu.

Registration Link: [PSAT Registration \(11th Grade Only\)](#)

Schedule Change on October 22, 2024 - PSAT

The PSAT is scheduled to be administered at THS on October 22nd. This will require an altered schedule to accommodate the testing. Please see the plan for each grade level below.

- 9th Grade & 12th Grade- This will be a day for students to complete assignments electronically at home. This means students should not report to school and will have assignments posted on their class Schoology Pages to complete for the day. There are no requirements for virtual meetings.
- 10th graders- All students will take the PSAT/NMSQT on October 22nd, 2024. Testing will begin promptly at 8 am; students should bring their school provided chromebooks (charged). The PSAT is 100% digital and requires students to use their school provided chromebooks (no personal devices). Students will be dismissed from school at the completion of testing (approx. 11:30-12:00).
- 11th Grade- Any Juniors taking the PSAT/NMSQT(optional) on October 22nd will begin promptly at 8 am; students should bring their school provided chromebooks (charged). The PSAT is 100% digital and requires students to use their school provided chromebooks (no personal devices). Students will be dismissed from school at the completion of testing (approx. 11:30-12:00). 11th grade students not participating in the PSAT/NMSQT will have assignments to complete at home. This means students should not report to school and will have assignments posted on their class Schoology Pages to complete for the day.
- District busing will operate on its normal schedule on October 22nd. Students not leaving at their testing dismissal time will attend study hall in the cafeteria until 2:40.

Senior Scoop

The Senior Scoop is intended to be a “one-stop shop” of information pertaining to the Senior Class of 2025 and their parents/guardians. As new information becomes available it will be shared via this weekly newsletter and will be updated within the [Senior Scoop](#). We recommend you bookmark this link for a quick reference.

DON'T MISS OUT: FHSD Parent Academy Returns October 22

Join us at Nagel Middle School on Tuesday, October 22 from 6:30-8 p.m. for a fun-filled, educational evening. Expert speakers will cover a variety of topics like gifted education, suicide prevention, drug prevention and safety, and more! Our featured speaker for this event is:

- Beech Acres Parenting Center presents “Talking to your kids about...Puberty/Human Development/Sex Ed,” with practical tips, age-appropriate language and strategies to foster open and honest communication with your children about their changing bodies.

Thanks to generous support from the Forest Hills Foundation for Education, we are once again able to offer light food and childcare for families interested in attending.

- [FHSD Parent Academy Article](#)
- [Full Schedule/Topics - October 22](#)
- [Registration Form - October 22](#)

Forest Hills Foundation for Education

The Foundation Prize Patrol has been busy visiting all nine schools awarding more than \$112,000 in Teacher Grants. We are so grateful to parents, alumni and local businesses for supporting our mission of providing enriching opportunities for all Forest Hills students. Find and follow the Forest Hills Foundation for Education on social media to see the moments of surprise as we showed up with giant checks and balloons. The students and teachers were equally delighted! Our current fundraising campaign is Full STEAM Ahead, funding STEAM initiatives across the district. [Donate today!](#)

ATTENTION SOPHOMORES!

Bick's Driving School is offering in person driving classes and incars all in one deal to both Turpin and Anderson students. Class starts October 22-24 and October 29-31 from 3:15-7:30. Classes will be held at Turpin High School. Incars can be scheduled right after you complete the 24 hour driving school. JUMP ON THIS FAST AS SPOTS FILL UP QUICK! The cost is \$699.00. If you have any questions contact Bick's Driving School at info@bicks.net or go on their website at www.bickswesternhills.com for more information.

Update from the Forest Hills Band Boosters!

Congratulations for the Forest Hills Marching Band for grand champions of the Norwood Competition earlier this month! Make sure to mark your calendars for upcoming events including football games and competition performances. The Forest Hills Bands will be hosting the Band Expo at Turpin HS on Saturday, October 19th. Forest Hills Band Boosters help support the District Band Programs grades 5-12. [Join the Band Boosters](#) and help support these programs district wide.

EMERGENCY AND SUPPORT RESOURCES

- If you, your student, or anyone else you know is in a life-threatening health crisis or emergency, call 911.

- If you, your student, or anyone else you know is in emotional distress or experiencing suicidal crisis, call or text 988, available 24/7.
- If you have concerns about threats to student safety, we urge you to call or text the Safer Ohio School Tip Line at 844-SaferOH. This line is staffed 24/7.
- If your student is experiencing a non-life threatening mental health crisis and you need direction on next steps to stay safe, we urge you to call the Psychiatric Intake Response Center (PIRC) at Cincinnati Children's Hospital. The PIRC line is 513.636.4124. This line is staffed 24 hours a day, 7 days a week.
- If you are seeking additional resources, we encourage you to start at the links below:
 - [MindPeace](#)
 - [FHSD Family Resource List](#)

Dates:

- Oct. 8th Graduate Services Sophomore/Senior Order during lunch
- Oct. 11th No School-Staff PD
- Oct. 14th No School-Fall Break
- Oct. 16th Divas Choir Concert 7pm
- Oct. 19th Band Expo